

Lake Success Division

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Discharge Instructions for Prostate Biopsy In Office Under Local Anesthesia

Notify your physician immediately for any of the following:

- Temperature of 100 degrees or greater.
- Chills or shaking.
- Excessive bleeding in urine or stool.
- Inability to urinate.

Activity

- Only limited activity today. No heavy lifting or strenuous activity.
- No sexual activity for at least 7 days. When you resume such activities, you may see blood in the semen.
- Expect blood in your urine and/or stool.
- Blood in the ejaculate may last for many months after the biopsy is performed, and is not a cause for concern.

Medication

- It is important to finish all antibiotics, as directed.
- Please ask your Urologist when you should resume Aspirin, blood thinners or any other medication that you stopped before the biopsy.

Your results will be available within 7-14 days.

If you have not been contacted within 2 weeks, please call your urologist's office at _____.

EMERGENCY

Always call your physician before going to the emergency room.

If you cannot reach your physician and need immediate attention, go to the hospital emergency room.

I have read and understand these instructions and my questions have been answered.

Patient Signature: _____

Date: _____

Physician Signature: _____

Date: _____