

## Lake Success Division

---

2001 Marcus Avenue  
Suite #N214  
Lake Success, NY 11042

**Telephone:** 516-437-4228  
**Facsimile:** 516-355-0637  
[www.AUCNYLakeSuccess.com](http://www.AUCNYLakeSuccess.com)

## Urodynamics

Your doctor has recommended that you undergo Urodynamic testing.  
The following is intended to answer questions most commonly asked prior to this test.

### 1. WHAT IS THE PURPOSE OF URODYNAMIC TESTING?

Urodynamic testing allows your doctor to fully understand how your bladder is functioning.  
With this information your doctor will be able to choose a treatment plan which is best for you.

### 2. WHO NEEDS URODYNAMIC TESTING?

There are a number of reasons why your doctor may have suggested this test for you.  
Typically, patients referred for urodynamic testing have complaint of urine leakage, frequent urination or difficulty urinating.

### 3. WHERE AND WHEN WILL THE TEST BE PERFORMED?

The test will be performed in our office at a scheduled time.  
Your doctor or his receptionist will tell you the date and time of your test.

### 4. HOW LONG DOES THE TEST TAKE AND WHAT DOES IT ENTAIL?

On an average urodynamic testing takes 40 minutes. The test is not painful.  
A small catheter is placed in the bladder as well as the rectum to monitor pressures during the test.

### 5. SHOULD I TAKE MY MEDICATION THE DAY OF THE TEST?

If you are already taking medication to treat your urinary problem, your doctor may instruct you to stop these medications before the test. All of your regular medications may be taken prior to your test.

### 6. ARE THERE ANY RISKS INVOLVED?

There is a small risk of bleeding or infection from the test. Special care is taken to avoid these risks.  
Please notify the doctor or assistant if you have a heart murmur or any artificial parts or implants in you prior to the test.

### 7. WHEN WILL I RECEIVE THE RESULTS OF MY TEST?

The doctor will be able to give you a preliminary report immediately after you have the test performed.

### 8. WHAT WILL I EXPECT AFTER THE TEST?

You will be able to walk, eat and drive home immediately after the urodynamic test is performed.  
You may experience some mild burning on urination or bleeding.  
If these are excessive or you have a fever over 101 degrees call the office.