

## Lake Success Division

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### Information About Vasectomy

1. Bilateral vasectomy requires only a small puncture wound in the scrotum under local anesthesia. The only thing you feel is a slight needle stick, similar to an injection before dental work.
2. After the operation, which takes 15-30 minutes, there may be some minor local discomfort. This can usually be relieved with Tylenol.
3. The tissue in the scrotum is easily bruised, bleeds and swells. There is a risk of swelling after the operation. It is advisable that you rest 1-2 days at home and use a cold compress or ice pack intermittently for 1-2, thereby helping to minimize swelling. In case of any excessive swelling, bloody discharge, fever, or other concerns, call your doctor at (516) 437-4228.
4. There are no sutures (stitches), therefore you may notice some opening in or discharge from the incision. This area should be protected with clean gauze.
5. Baths should not be taken for about three days. You may shower the following day.
6. You should be able to return to your normal occupation within a day or so. However, as in all cases of surgery, the recovery period greatly depends on the recuperative powers of the individual, and therefore varies significantly from person to person.
7. In case of doubt, call the doctor.
8. Please remember that ***you will not be sterile immediately following the operation***. You may resume normal sexual activity after healing, but ***you must continue to use contraception***. In six weeks you must bring in a semen specimen to the office and a sperm count will be performed. You will be informed when sexual activity can be resumed without contraception.