

Lake Success Division

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Instructions to Patients who will undergo Vasectomy

1. Your operation is scheduled for _____ .
In order to prepare you skin for antiseptis during the vasectomy, it is advisable that you take daily showers for two days proceeding the day of your scheduled appointment.
2. Lather the genital area (the scrotum, penis, and pubic hair) for about three minutes with soap with each showering.
If you are not circumcised, retract the foreskin fully during washing.
3. On the day of the procedure, shave the scrotum (the sac which contains the testicles, and the hair under the penis, then shower as above.
4. Bring briefs to wear following the procedure.
5. It is advisable for an adult to accompany you during the journey home, preferably by automobile.
Do not plan to drive yourself home.
6. **Do not** take any Aspirin, anti-inflammatory medication (Motrin, Advil, Nuprin, Vioxx, Celebrex, Toradol), blood thinners (Coumadin, Warfarin, Plavix, Ticlid, Persantine, Dipyridamole), or Vitamin E for at least seven (7) days prior to your vasectomy.
7. If you require antibiotics prior to certain procedures or dental exams because of heart murmurs, heart valves or prosthetic devices, please notify the doctor immediately.
8. In case of any doubt or problem, do not hesitate to call the office or speak to the doctor before your procedure.
Be sure he is aware of all your medical problems and medication, if any.