

## Lake Success Division

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### Vasectomy Post Operative Instructions

1. Rest for two (2) days.  
You may apply ice packs during the immediate post-op period to reduce swelling and inflammation.
2. Change bandage tomorrow morning.
3. You may expect some discomfort, swelling and discoloration of the skin.  
If this appears excessively or you develop a fever over 101 degrees, call your physician.
4. You may shower tomorrow evening.
5. There may be slight blood staining or discharge for a few days.
6. Return for a follow up appointment in approximately one (1) week.
7. Continue using protection until a negative semen analysis is obtained.
8. In six (6) weeks, bring in a specimen during your doctor's office hours.  
*Please call the office two (2) days before you come in to make sure your doctor will be here.*

**The office is open Monday thru Friday. A physician is available 24 hours a day, 7 days a week.  
If you have any questions, please call our office at (516) 437-4228.**